



Camp Arroyo Pool Logistics

The pool is the heart of summer camp activities and at 3,500 sf is large enough for wading, games and team sports! It is fully accessible with a “beach” entrance and is 5’ feet at its deepest point. There are two bathhouses, each with several restrooms, showers and changing rooms. An assortment of pool toys and lifejackets are available for your use.

East Bay Regional Park District Lifeguards are on duty any time a group is using the pool.

Pool Information:

- Pool session times are offered from 9am-12pm and/or from 1pm-4pm. Pool hours may also be requested from 2pm-5pm if no morning session is booked.
- The pool has a maximum capacity of 50 people at the pool (including those in the water and on the deck) at a time. The required lifeguard to swimmer ratio is 1 lifeguard to 25 participants.
- Bathhouses will be unlocked at the beginning of swim time.

Pool Safety Information:

Safety Orientation

- All Participants (adults and children) are required at the pool for a *Safety Orientation*.
- The *Safety Orientation* can be scheduled 30 minutes prior to the pool session times.
- For the *Safety Orientation*, all participants are asked to sit in the lawn area of the pool. Participants are given the rules of the pool and an explanation of how the swim test will work.
- Even for family camp, all participants must be present for the *Safety Orientation* before swim can begin.
- If campers or counselor arrive late and miss the scheduled *Safety Orientation*, they must work with UCCR and the lifeguards to do a make-up *Safety Orientation*. The Camp will be responsible for setting up the make-up for the late attendees.

Swim Test

- Participants who would like to swim in the deep end must take a new *Swim Test* each day. They may only take one *Swim Test* per day, pass or fail.
- Participants are to line up on the edge of the pool where specified by the lifeguard.
- Participants will safely enter the water to start the swim test. To complete the swim test, participants must swim to the opposite side of the pool (width-wise).
- All swimming must have forward progression (crawlstroke, breaststroke or modified crawlstroke or breaststroke).
- Participants who can swim across the pool without touching the bottom or holding onto the rope, will be given a wristband indicating they are allowed to swim in the DEEP END of the pool. Participants not able to swim across the pool as described above will only be allowed in the SHALLOW END of the pool. Wristbands are to be worn throughout your swim session(s) for that day. Special accommodations will be made for those campers that have sensory issues.

Lifejackets

- TTFF requires that all **shallow-end-only swimmers** wear a **lifejacket**. The only exception to this is if the Participant's parent/guardian has checked "No" on the Release of Liability Form, which indicates that the parent/guardian will allow the Participant in the shallow end without a lifejacket.
- TTFF requires visiting groups who have a 1:1 child/counselor ratio to have the child/counselor stay together in and out of the pool. If a counselor gets out of the pool, the child will need to follow.
- Lifeguard staff will appropriately size and assist in the donning of life jackets for all shallow-end-only swimmers. All life jackets must be Coast Gard approved.
- It is your responsibility as a group, to ensure that a participant who needs a life jacket as indicated on the Release of Liability Form is given a lifejacket to wear during the duration of camp.